

EXPERIENCING, ENJOYING, AND EXPRESSING CHRIST

(3)

KEY STATEMENTS

We need to learn Christ as the secret of being transformed,
that is, of being metabolically changed in our natural life,
in any kind of environment, situation, or circumstance;
this practical and simple secret is to practice speaking with the Lord constantly;
then spontaneously, we will live Christ.

In order to experience Christ and live Christ,
we must know Him as our pattern
and take Him as our pattern,
take Christ's mind as our mind, and know the Son's submission.

We must redeem the time to enjoy Christ as the supreme preciousness of God
so that we can be constituted with Him
to be men of preciousness as His personal treasure;
as we live in His precious presence, enjoying Him as our portion,
even as He enjoys us as His treasure,
He builds Himself into us to make us
His spiritual house and His holy and royal priesthood
for the accomplishment of His heart's desire.

We need to know that the Son of God has come
and has given us an understanding
that we might know Him who is true
and know that we are in Him who is true,
in Jesus Christ, the Son of God;
this is the true God and eternal life.

Message One—Study Questions

1. Introductory word—What do we mean when we say that we need to be converted from everything to Christ Himself and that there is the need for us to have a proper spiritual digestion of the messages in this training?
2. What is meant by the word *forbearance* in Philippians 4:5?
3. According to Philippians 4:6-7, what is the practical and simple way for us to live Christ and to turn our anxiety into forbearance?
4. What does Paul mean when he says, “I have learned the secret” (vv. 12-13)?